

# COOOO D KING G N C E

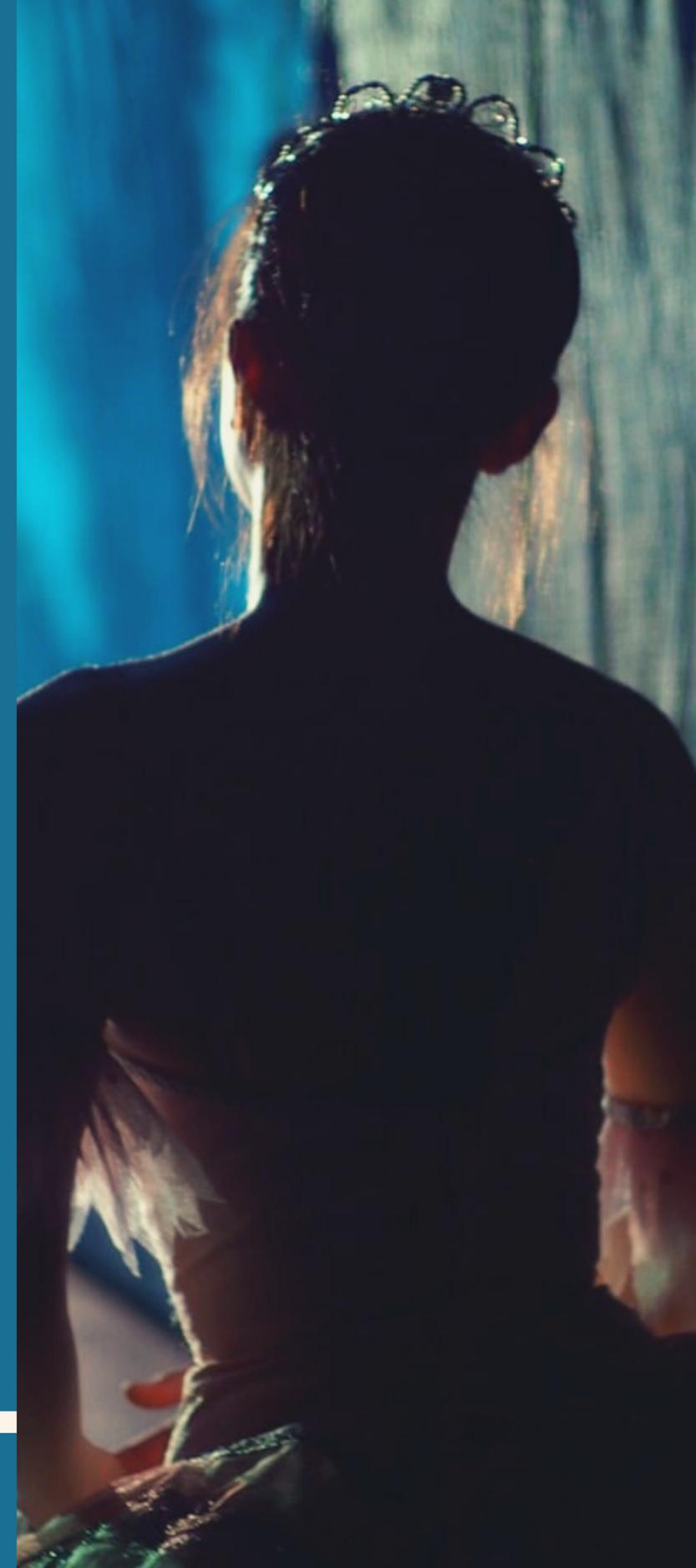


# Cooking Dance Festival

Cooking Dance Festival was born from a series of actions focused on the diffusion of the classic dance and the contemporary one, with the intention to create new events for a whole new public. The main idea is to be more close to everyone that loves this art and to promote different artistic disciplines: dance, performances, workshops, Flashmobs, exhibitions, competitions, Masterclass, conferences...

The proposal is to create a unique event in our country, to generate a set of activities for every public, involving the professional ones and the non-professional, international and national artists.

One of the main objectives of these activities is to catch the attention of those who don't know anything about this world and provide them, and the professional ones, everything that is in our hands.





OUR CONVICTION

*Time on the stage is the best time.*

---

# CookingDance history

## ABOUT US

<<We want to create new actions to publicize the classic dance, the contemporary dance and the circus dance, to reach new audiences and break down walls between professionals and spectators. Through all these years we have been consolidating our projects with the support of people in the profession and those who are passionate about dance.>>

Cooking Dance Festival has de exclusivity in all Europe of having Laura Alonso, daughter of Alicia Alonso, the creator of the international festival of classic dance- CUBALLET.

Also, we can count on the experience of Julio Bocca, the first dancer of the American Ballet Theater, and Rick Tija, the director of The Cirque Du Soleil. In addition to illustrious dancers from all around the world.

We want to make the biggest step and that's why we propose this marvellous worldwide event to enhance all our affection and dedication towards the world of culture, more specifically in the dance sector where we created a different type of concepts such as Barcelona Dance Center, Certamen Internacional de Dansa Ciutat de Barcelona, Cuballet...



# CUBALLET BARCELONA

JUNE, 28 - JULY, 24

The course lasts four weeks of an intensive nature and it's designed for the dance students, older than 10 years, who aspire to have a professional career, progress in their career, in their formation, as well as working with the greatest dances teachers of the Cuban school, enriching their training.

This intensive course ends up with a public performance to show everything that the students have learned with the ballet of "El Corsario".

Daily classes include ballet technique, point shoes, variations, repertoire, contemporary dance, pas de deux class, Character dances... In addition to daily classes, the students will carry out daily rehearsals.



# COOKTEMPORARY DANCE

JULY, 5 - JULY, 24

Barcelona has been a pioneer for years in the dissemination and research of contemporary dance and is one of the international cradles of its practice.

This course of three weeks welcomes students and groups of individual dancers or group ones, with the main goal to connect them with the professional world of the international dance.

And also we will create workshops and performances.

In COOKING DANCE 2021, we want to offer a normative line of contemporary dance for national and international students, taught by internationally renowned professors and choreographers that will lead open workshops to beginners dancers, intermediate and professional ones.

# ACTIVITIES



CLASSES



SHOWS



INTERNATIONAL  
AUDITIONS



EXHIBITIONS,  
COMPETITIONS,  
DEBATES,  
PERFORMANCE...

THE STAGE FILLS US WITH LIFE



CUBAN SCHOOL

# CUBALLET BARCELONA

---

June, 28 until July, 24 2021



# What makes CUBALLET stand out?

## CLASSES

The best option for the training of a ballet student is an intensive dance course with the best teachers, learning new techniques and methodologies.

## REHERSEALS

All students will be part of the ballet "El Corsario", after a selection by the direction to award the roles to each student, we will begin rehearsals, costume tests.

## SHOWS

Cooking Dance Festival has come to stay. Take advantage of this space to meet dancers from all over the world with the same purpose, excellence. And you will enjoy dancing with new colleagues on stage. Directed and being under the tutelage of great dance masters.

## EXPERIENCES

All this is combined with beautiful places such as Castelldefels or the city of Barcelona, one of the best cities in the world to live and study, next to the Mediterranean beaches.



# TIMETABLES

- Training and rehearsal classes are held Monday through Friday.
- The class start time, including rehearsals for “El Corsario”, is at 10:00 am. and ends at 5:00 p.m.
- Each student is assigned a class level through the selection that will be made on the first day of the course,
- If the course is not started on the first day, the level will be assigned according to value.
- Students have one hour to rest and have lunch (from 2:00 p.m. to 3:00 p.m. approximately).

\*\* (The organization reserves the right to make changes to the class schedule, due to needs or priorities considered by management and teachers). \*\*

# PRICE & PAYMENT FEES

COURSE PRICE: 1.100,00€ (does not include accommodation, transportation or meals) and 100,00€ of inscription.

Inscription 100,00€ - This amount is NOT part of the 1.100€ cost of the course.

Deposit 200,00€ - This amount is NOT part of the 1.100€ cost of the course.

- These two amounts guarantee the student's place and are NOT refundable or transferable under any circumstances.

## COURSE FEES:

The remaining fees for the course can be settled in a single payment (900.00€), otherwise the amounts detailed below must be respected, taking into account that the costs of bank commissions are paid by the student.

The amount of the fees are NOT refundable or transferable.

- 2nd PAYMENT OF COURSE FEE 450.00 € (deadline after having paid tuition + deposit April 24, 2021)
- 3rd PAYMENT FEE OF THE COURSE € 450.00 (deadline after having paid tuition + deposit June 1, 2021)

<The scholarship will only be applicable in case of completing the 4 weeks of training.>



# COOKTEMPORARY DANCE

---

June, 5 - 24, July 2021

Barcelona has been a pioneer for years in the dissemination and research in contemporary dance and one of the international cradles of its practice.

This three-week course welcomes students and individual or collective dance groups, with the aim of connecting beginners with the professional world of international dance. In addition to creating workshops and performances.

Both the diversity of the program from Contemporary to Afro contemporary, from Yoga to Dance for people with or without disabilities, as well as the strongly encouraged exchange between teachers and students, interpreters and the public, amateurs and professionals.

COOKING DANCE LABORATORY offers a series of research projects to contemporary dancers. Each choreographer will choose the number of participating artists is restricted.

When the creations are finished, COOKING DANCE will open its doors to the general public to show all the work done and share them.

Artists, audiences, dance fans and music enthusiasts will come together to chat, dance and have fun.



# TIMETABLES

- Training and rehearsal classes are held Monday through Friday.
- Each student is assigned a class level through the selection that will be made on the first day of the course,
- If the course is not started on the first day, the level will be assigned according to value.
- Students have one hour to rest and have lunch (from 2:00 p.m. to 3:00 p.m. approximately).

\*\* (The organization reserves the right to make changes to the class schedule, due to needs or priorities considered by management and teachers). \*\*

# PRECIOS Y CUOTAS

COURSE PRICE: 875,00€ (does not include accommodation, transportation or meals) and 100,00€ of inscription.

Inscription 100,00€ - This amount is NOT part of the 875€ cost of the course.

Deposit 200,00€ - This amount is NOT part of the 875€ cost of the course.

These two amounts guarantee the student's place and are NOT refundable or transferable under any circumstances.

## COURSE FEES:

The remaining fees for the course can be settled in a single payment (675€), otherwise the amounts detailed below must be respected, taking into account that the costs of bank commissions are paid by the student.

The amount of the fees are NOT refundable or transferable.

- 2nd PAYMENT OF COURSE FEE 337,50 € (deadline after having paid tuition + deposit April 24, 2021)
- 3rd PAYMENT FEE OF THE COURSE 337,50€ (deadline after having paid tuition + deposit June 1, 2021)

<The scholarship will only be applicable in case of completing the 3 weeks of training.>

# ACCOMODATION

HOLIDAY INN EXPRESS BARCELONA - Molins de Rei



# ACCOMODATION

Hotel full board

**1.260€**

- Double room with private bathroom + breakfast + lunch + dinner
- Check-in on June 27 from 2pm and check-out on July 24 before 12pm.
- The rooms will be occupied by two students, a companion may be chosen upon request or the Festival organization will distribute the rooms according to patterns of similarity, such as the age, language or gender of the student.
- The Hotel is located 15 minutes by public transport and 20 minutes walking from the Cooking Dance Festival facilities.
- The payment can be divided into 3 amounts:
  - to reserve accommodation a first payment of 500€
  - before May 31 a second payment of 380€
  - before June 15 a final payment of 380€

# WHAT DO YOU NEED?

ESSENTIAL INGREDIENTS



CLASSES

IMPROVISATIONS

SHOWS

# OTHER PAYMENTS



## HEALTH INSURANCE

The student that DOESN'T HAVE A MEDICAL COVERAGE IN OUR COUNTRY MUST PAY ADDITIONAL 20,00€. And they have to give us a phot of him/her in an ID size.



## THE SHOW

The tickets of the show cost an additional price of 15,00€ that it can be paid till the show day. (Transport of the students to the theatre is not included in the price).

A group of ballerinas in white tutus are practicing in a rehearsal room. They are holding long, light-colored poles or sticks. The word "IMPORTANT" is overlaid in large white letters across the center of the image.

# IMPORTANT

## PASSPORT & VISAS

All of the students must take care of the documents for the entry to Spain and validate their passports.

The students from the USA will not need a student visa for this course. But the participants from other countries that need a visa must contact the Spanish embassy of their country and find out what is needed.

## FLIGHTS

Flights are not included in the price.

## TAXI

The cost of shipping from the airport to the residence with our trusted taxi driver is 50,00€ per journey.

## **CASH**

You can pay it by cash in Barcelona Dance Center's office:  
Carrer Anselm Clavé, 44 08750 Molins de Rei (Barcelona)

## **BANK TRANSFER**

BANCO SANTANDER N° de Cuenta IBAN: ES57-0049-3009-7321-9448-7688  
BIC/SWIFT: BSCHEMM  
CONCEPT: CBA + STUDENT NAME

## **CREDIT CARD**

In this case, must be requested the debit authorisation with a card to [cookingdance@cookingdance.cat](mailto:cookingdance@cookingdance.cat) and have international charges authorized in your bank.

# How I can improve as dancer?

PRACTICE IS THE KEY





**FOLLOW YOUR PASSION  
FOR DANCE**





# WEEKEND ACTIVITIES

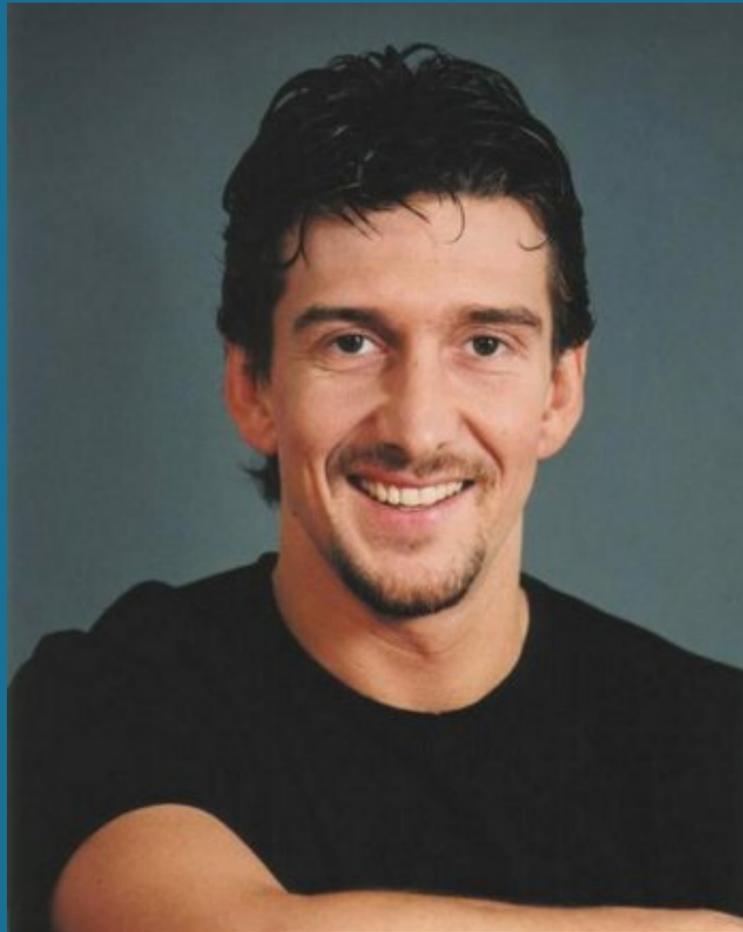
## OPTIONAL

- Recreational, cultural and educational activities that take place on the weekend (1 per weekend) and that enrich the group's relationship.
- 
- The cost per activity is 35€ per weekend. Includes transfers.
- 
- (The organization reserves the right to make changes in the activities according to the number of students, weather, etc.)
- 
- Students can also take guided tours of the city of Barcelona, visit the Barcelona Aquarium, the Tibidabo Amusement Park, stroll through the port of Barcelona aboard Las Golondrinas ...

# GREAT MASTER OF DANCE



LAURA ALONSO



JULIO BOCCA



RICK TJIA



# CONTACT US:

<http://cookingdance.cat/>

OFFICE

c/Anselm Clave 44 08750 Molins de Rei  
(Barcelona)

[cookingdance@cookingdance.cat](mailto:cookingdance@cookingdance.cat)

[www.cookingdance.cat](http://www.cookingdance.cat)

tel +34934910406/+34627446880