

COOO D KING N CE

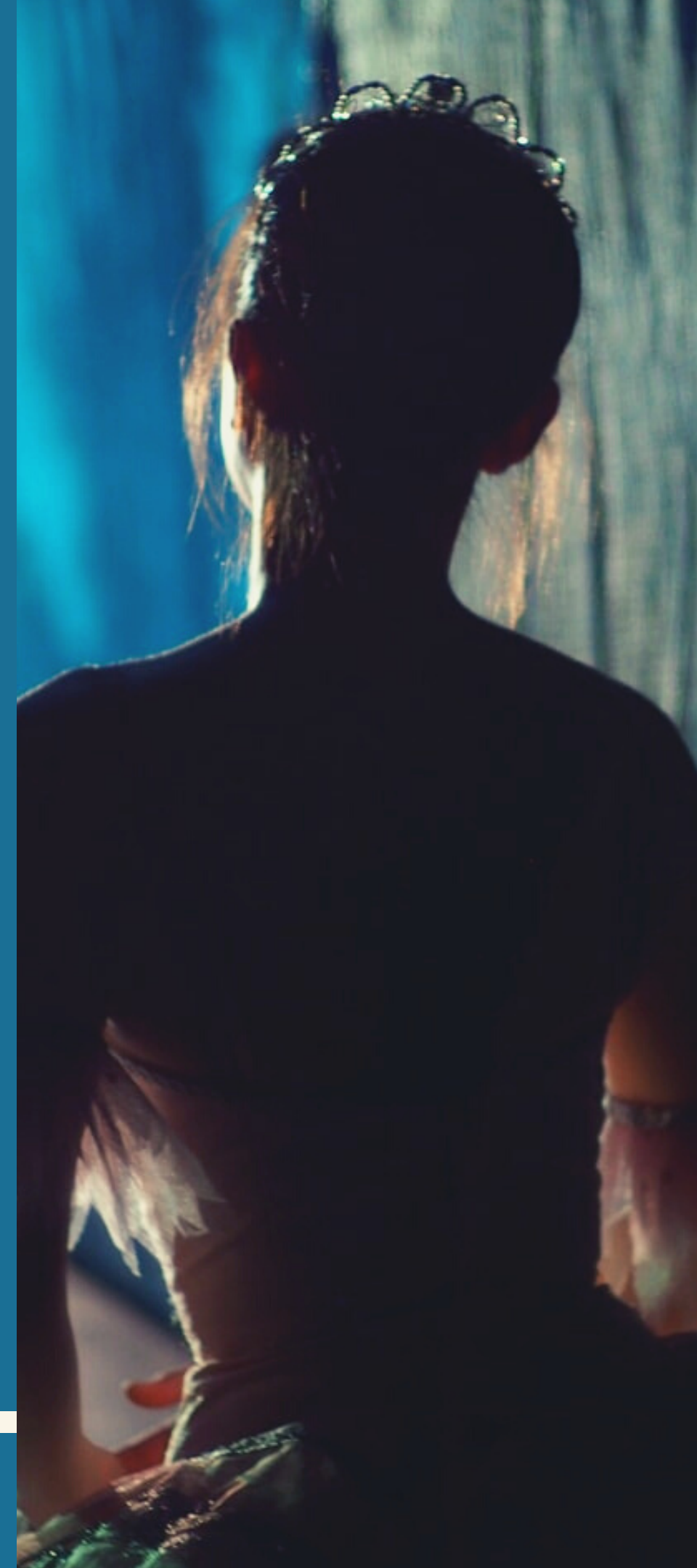


Cooking Dance Festival

Cooking Dance Festival was born from a series of actions focused on the diffusion of the classic dance and the contemporary one, with the intention to create new events for a whole new public. The main idea is to be more close to everyone that loves this art and to promote different artistic disciplines: dance, performances, workshops, Flashmobs, exhibitions, competitions, Masterclass, conferences...

The proposal is to create a unique event in our country, to generate a set of activities for every public, involving the professional ones and the non-professional, international and national artists.

One of the main objectives of these activities is to catch the attention of those who don't know anything about this world and provide them, and the professional ones, everything that is in our hands.



“

OUR CONVICTION

Time on the stage is the best time.

CookingDance history

ABOUT US

<<We want to create new actions to publicize the classic dance, the contemporary dance and the circus dance, to reach new audiences and break down walls between professionals and spectators. Through all these years we have been consolidating our projects with the support of people in the profession and those who are passionate about dance.>>

Cooking Dance Festival has de exclusivity in all Europe of having Laura Alonso, daughter of Alicia Alonso, the creator of the international festival of classic dance- CUBALLET.

Also, we can count on the experience of Julio Bocca, the first dancer of the American Ballet Theater, and Rick Tija, the cast director of The Cirque Du Soleil. In addition to illustrious dancers from all around the world.

We want to make the biggest step and that's why we propose this marvellous worldwide event to enhance all our affection and dedication towards the world of culture, more specifically in the dance sector where we created a different type of concepts such as Barcelona Dance Center, Certamen Internacional de Dansa Ciutat de Barcelona, Cuballet...



CUBALLET BARCELONA

JULY, 1st to 27th

The course lasts four weeks of an intensive nature and it's designed for the dance students, older than 10 years, who aspire to have a professional career, progress in their career, in their formation, as well as working with the greatest dances teachers of the Cuban school, enriching their training.

This intensive course ends up with a public performance to show everything that the students have learned and rehearsal. Daily classes include ballet technique, point shoes, variations, repertoire, contemporary dance, pas de deux class, Character dances... In addition to daily classes, the students will carry out daily rehearsals.



CONTEMPORARY DANCE

JULY, 1st to 27th

Barcelona has been a pioneer for years in the dissemination and research of contemporary dance and is one of the international cradles of its practice.

This course of four weeks welcomes students and groups of individual dancers or group ones, with the main goal to connect them with the professional world of the international dance.

And also we will create workshops and performances.

In COOKING DANCE 2024, we want to offer a normative line of contemporary dance for national and international students, taught by internationally renowned professors and choreographers that will lead open workshops to beginners dancers, intermediate and professional ones.

ACTIVITIES



CLASSES



SHOWS



REHERSAL



EXHIBITIONS,
COMPETITIONS, TALKS,
PERFORMANCE...

THE STAGE FILLS US WITH LIFE



CUBAN SCHOOL

CUBALLET BARCELONA

July, 1st to 27th 2024



What makes CUBALLET stand out?

CLASSES

The best option for the training of a ballet student is an intensive dance course with the best teachers, learning new techniques and methodologies.

REHERSEALS

All students will be part of the ballet "Gala Final", after a selection by the direction to award the roles to each student, we will begin rehearsals, costume tests.

SHOWS

Cooking Dance Festival has come to stay. Take advantage of this space to meet dancers from all over the world with the same purpose, excellence. And you will enjoy dancing with new colleagues on stage. Directed and being under the tutelage of great dance masters.

EXPERIENCES

All this is combined with beautiful places such as Castelldefels or the city of Barcelona, one of the best cities in the world to live and study, next to the Mediterranean beaches.



TIMETABLES

- Training and rehearsal classes are held Monday through Friday.
- The class start time, including rehearsals, is at 10:00 am and ends at 2:00 p.m.
- Each student is assigned a class level through the selection that will be made on the first day of the course,
- If the course is not started on the first day, the level will be assigned according to value.
- Students have one hour to rest and have lunch (from 2:00 p.m. to 3:00 p.m. approximately).
- After lunch we have rehearsal to 5:00 pm aprox

** (The organization reserves the right to make changes to the class schedule, due to needs or priorities considered by management and teachers). **

A group of contemporary dancers in a studio, performing a synchronized movement on a dark floor. The dancers are wearing various colored leotards and leggings, including maroon, black, and red. They are in a low, arched position, with their heads down and arms extended. The lighting is dramatic, with strong highlights and shadows.

CONTEMPORARY DANCE

July, 1st to 27th 2024

Barcelona has been a pioneer for years in the dissemination and research in contemporary dance and one of the international cradles of its practice.

This four-week course welcomes students and individual or collective dance groups, with the aim of connecting beginners with the professional world of international dance. In addition to creating workshops and performances.

Both the diversity of the program from Contemporary to Afro contemporary, from Yoga to Dance f, as well as the strongly encouraged exchange between teachers and students, interpreters and the public, amateurs and professionals.

COOKING DANCE LABORATORY offers a series of research projects to contemporary dancers. Each choreographer will choose the number of participating artists is restricted.

When the creations are finished, COOKING DANCE will open its doors to the general public to show all the work done and share them.

Artists, audiences, dance fans and music enthusiasts will come together to chat, dance and have fun.



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PRICE & PAYMENT FEES

COURSE PRICE:

- 1.200€ (does not include accommodation, transportation and meals).
- And 250€ inscription.

Total: 1.450€ (course + inscryption)

For registration and reservation of the place in the course must be paid the **registration fee:**

- **Registration: 450€** (inscription + deposit)
 - Inscription 250€.
 - Deposit 200€ - *This amount is part of the 1.200€ cost of the course.*

These two amounts guarantee the student's place and are NOT refundable or transferable under any circumstances.

PAYMENT OF THE COURSE:

The remaining course fees may be paid in a single payment (1.000€). Otherwise, the amounts detailed below must be respected, taking into account that the costs of bank commissions are to be paid by the student.

**The amount of the fees is NOT refundable or transferable.*

- 2nd PAYMENT OF COURSE FEE 500€ (deadline after payment of the registration fee + deposit -> **April 8, 2024**)
- 3rd PAYMENT OF COURSE FEE 500€ (deadline after payment of tuition + deposit -> **May 31, 2024**)

<Possibility to do 1 or 2 weeks as long as they are contiguous>
for more information: cookingdance@cookingdance.cat

ACCOMODATION

HOLIDAY INN EXPRESS BARCELONA - Molins de Rei



ACCOMODATION

Hotel full board

1.690€*

- Double room with private bathroom + breakfast + lunch + dinner
- Check-in on June 30 from 2pm and check-out on July 27 before 12pm.
- The rooms will be occupied by two o tree students,the Festival organization will distribute the rooms according to patterns of similarity, such as the age, language or gender of the student.
- The Hotel is located 10 minutes by public transport and 20 minutes walking from the Cooking Dance Festival facilities.
- The payment can be divided into 3 amounts:
 - to reserve accommodation a first payment of 750€
 - before April 31 a second payment of 470€
 - before June 15 a final payment of 470€

*Prices may increase depending on when payments are made.

WHAT DO YOU NEED?

ESSENTIAL INGREDIENTS



CLASSES

IMPROVISATIONS

SHOWS

OTHER PAYMENTS



HEALTH INSURANCE

If the student doesn't have a MEDICAL INSURANCE should take the medical coverage of the FEDERATION OF DANCE.

And will have to pay 20,00€.

Send a photograph of the student, ID card size/style.



THE SHOW

The tickets of the show cost an additional price of 15,00€ that it can be paid till the show day.

(Transport of the students to the theatre is not included in the price).

A group of ballerinas in white tutus are practicing in a dance studio. They are holding a long wooden pole and are in various poses. The word "IMPORTANT" is written in large white letters across the center of the image.

IMPORTANT

PASSPORT & VISAS

All of the students must take care of the documents for the entry to Spain and validate their passports.

The students from the USA will not need a student visa for this course. But the participants from other countries that need a visa must contact the Spanish embassy of their country and find out what is needed.

FLIGHTS

Flights are not included in the price.

LODGING (OPTIONAL)

Accommodation in a hotel near the dance school of the dance school and full board.

For more information please contact:
cookingdance@cookingdance.com

CASH

You can pay by cash in Barcelona Dance Center's office:

Carrer Anselm Clavé, 44 08750 Molins de Rei (Barcelona)

BANK TRANSFER

BANCO SANTANDER N° de Cuenta IBAN: ES57-0049-3009-7321-9448-7688

BIC/SWIFT: BSCHEMM

CONCEPT: CBA + STUDENT NAME

BY CREDIT CARD WITHOUT PRESENCE

In this case, must be requested the debit authorisation with a card to cookingdance@cookingdance.cat and have international charges authorized in your bank.

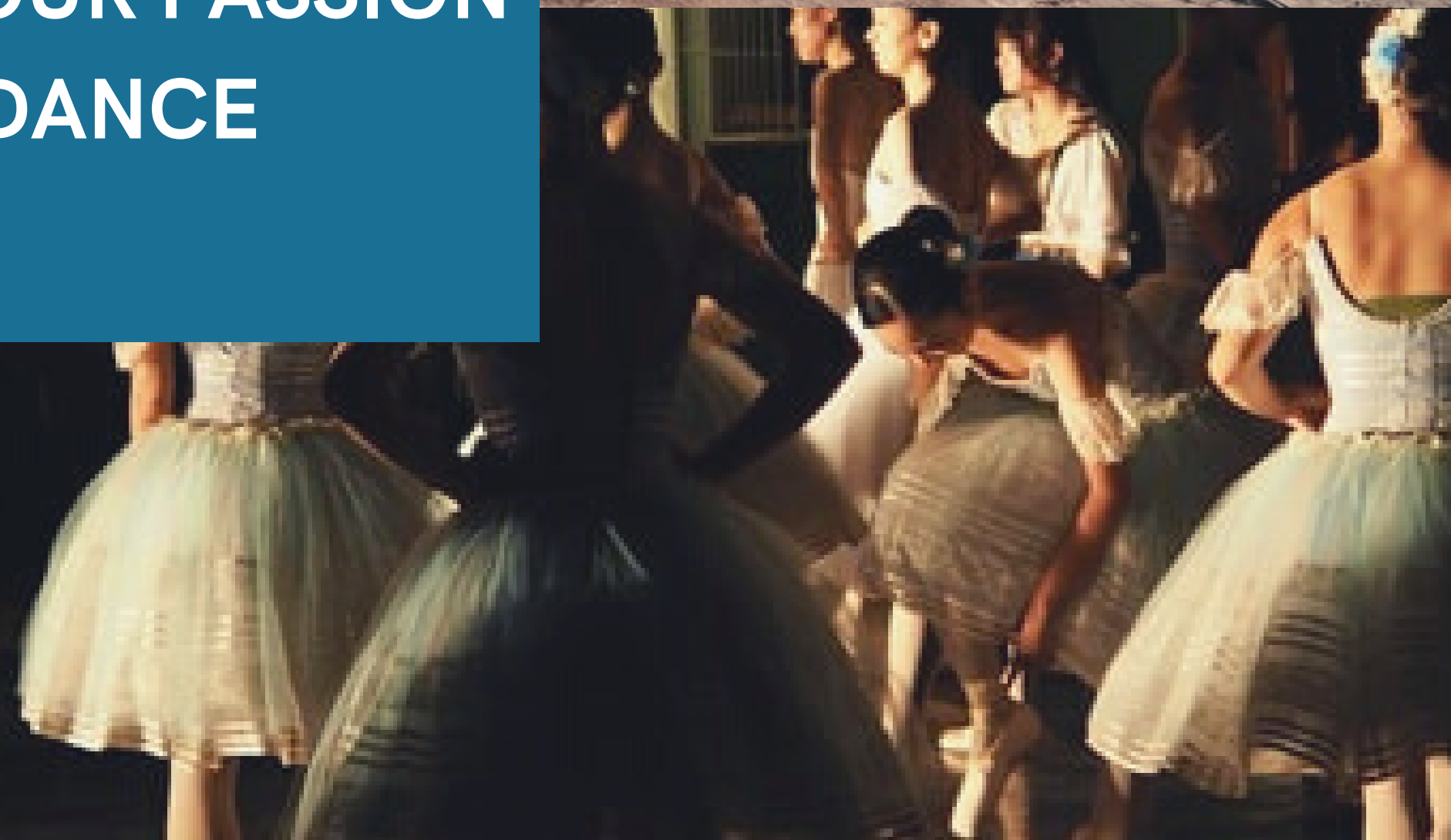
How I can improve as dancer?

PRACTICE IS THE KEY





**FOLLOW YOUR PASSION
FOR DANCE**





WEEKEND ACTIVITIES

OPTIONAL

- Recreational, cultural and educational activities that take place on the weekend (1 per weekend) and that enrich the group's relationship.
- The cost per activity is 35€ per weekend. Includes transfers.
- (The organization reserves the right to make changes in the activities according to the number of students, weather, etc.)
- Students can also take guided tours of the city of Barcelona, visit the Barcelona Aquarium, the Tibidabo Amusement Park, stroll through the port of Barcelona aboard Las Golondrinas ...



CONTACT US:

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